

## Fisiología

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**Áreas de conocimiento:** Fisiología

**Director:** María López Jurado Romero de la Cruz

**Secretario:** Javier Díaz Castro

**Página web:** <http://www.ugr.es/~fisiougr/>

**Profesorado:** CU: 20, PTU: 12, PDI Contratado y Otros: 20

### Tesis leídas

- Ensayo de un ingrediente multifuncional procedente de leguminosas, en combinación con Ejercicio Físico para el control de parámetros cardiovasculares y renales relacionados con el síndrome metabólico."

Doctorando: Janin Aritzi Constantino Tapia

Director: María López-Jurado Romero de la Cruz,, Jesús M<sup>a</sup> Porres Foulquié.

Fecha de lectura: 11/06/2020

- Efecto del bis(maltolato)oxovanadio(IV) (BMOV) sobre la biodisponibilidad y distribución tisular del Ca y Zn en ratas diabéticas STZ:

Laura Moreno

Universidad de Granada

Sobresaliente "cum laude". (Noviembre 2020).

- Influence of Hydroxytyrosol Intake on Protein and Gene Expression Induced by Physical Activity in Rats

Doctorando: Nutrición Humana

Fecha: 28 de febrero de 2020

Calificación: Sobresaliente

- Ensayo de un ingrediente multifuncional procedente de leguminosas, en combinación con ejercicio físico para el control de parámetros cardiovasculares y renales relacionados con el Síndrome Metabólico

Doctorando: Janin Constantino Tapia

Fecha: 11/06/2020

Calificación: Sobresaliente cum laude

- Influencia del consumo de leche fermentada de cabra sobre patrones de expresión génica y proteica relacionados con el metabolismo del hierro y estrés oxidativo durante la recuperación de la anemia ferropénica nutricional.

Doctorando: Jorge Moreno Fernández

Universidad: Granada

Facultad / Escuela: Facultad de Farmacia

Fecha: 18 de Septiembre de 2020

Calificación: Sobresaliente cum laude

Programa de Doctorado con Mención de Calidad. Tesis internacional

- Estudio de las vías de señalización inflamatoria durante la recuperación de la anemia ferropénica con fermentados lácteos de cabra.

Doctorando: Jose David García Pedro

Universidad: Granada

Facultad / Escuela: Facultad de Farmacia

Fecha: 16 de Diciembre de 2020

Calificación: Sobresaliente cum laude

Programa de Doctorado con Mención de Calidad.

- Evaluación de la expresión de los genes reloj y su relación con el sistema circadiano en pacientes críticos

Doctorando: Carlos Acuña Fernández

Director: Darío Acuña Castroviejo

Fecha de lectura: 14/02/2020

- Preclinical study for the treatment of mitochondrial encephalopathy associated.

Doctorando: Agustín Hidalgo Gutiérrez

Director: Darío Acuña Castroviejo

Fecha de lectura: 11/12/2020

### Grupos de Investigación.

AGR206 ALIMENTACION, NUTRICION Y ABSORCION

- Responsable: MARGARITA SANCHEZ CAMPOS

AGR260 ALIMENTACION, NUTRICION Y SALUD

- Responsable: MARIANO MAÑAS ALMENDROS

CTS101 COMUNICACION INTERCELULAR

- Responsable: GERMAINE ESCAMES ROSA

CTS366 DERMATOLOGIA Y SALUD

- Responsable: CARMEN VILLAVERDE GUTIERREZ

BIO259 DOLOR

- Responsable: MIGUEL MORENO PRIETO

CTS438 ESTUDIO DE LAS ENFERMEDADES NEURODEGENERATIVAS EN ANDALUCIA

- Responsable: FRANCISCO DE PAULA VIVES MONTERO

CTS262 EVALUACION FUNCIONAL Y FISILOGIA DEL EJERCICIO

- Responsable: MANUEL JOAQUIN CASTILLO GARZON

AGR145 FISILOGÍA DIGESTIVA Y NUTRICIÓN

- Responsable: JUAN LLOPIS GONZÁLEZ

BIO251 FISIOPATOLOGIA CELULAR Y MOLECULAR

- Responsable: AGATANGELO SOLER DIAZ

CTS251 FISIOPATOLOGIA DE LA HIPERTENSION ARTERIAL

- Responsable: JOSÉ FÉLIX VARGAS PALOMARES

CTS454 IMPACTO FISIOLÓGICO DEL ESTRÉS OXIDATIVO, DEPORTE, ACTIVIDAD FÍSICA Y SALUD

- Responsable: JESUS FRANCISCO RODRIGUEZ HUERTAS

BIO195 NEUROBIOLOGIA DEL SISTEMA VISUAL

- Responsable: JOSE MANUEL RODRIGUEZ FERRER

**Dirección y participación en Proyectos I+D**

- 2021 Treatment of CoQ Deficiencies: therapeutic potential of the biosynthetic precursors and the importance of the endocrine interactions, Retos Investigación: Proyectos I+D+i 2018, 01/01/2019-31/12/2021

Responsable LUIS CARLOS LÓPEZ GARCÍA

- 2021 The clock genes-melatonin-mitochondria connection in sarcopenia. FIS (ISCIII), FONDO DE INVESTIGACIÓN SANITARIA (FIS), FIS (ISCIII), 01/01/2020-31/12/2022

Investigador/a IRYNA RUSANOVA RUSANOVA

- 2021 Nueva Estrategia Terapéutica Para Evitar la Resistencia a la Quimio y/o Radioterapia Asociada a la Función Mitocondrial: Evaluación de Diferentes, (Proyectos de Excelencia), 01/01/2020-31/12/2022

Investigador GERMAINE ESCAMES ROSA

- 2021 EFECTOS DE LA INCLUSION DE ACTIVIDAD FISICA EN CLASES ACADEMICAS DE EDUCACION SECUNDARIA SOBRE INDICADORES EDUCATIVOS Y MARCADORES DE SALUD: THE ACTIVE CLASS STUDY, Proyectos Plan Nacional I+D+i. Convocatoria 2019 Tipo A, 01/06/2020-31/12/2023

Investigador DANIEL CAMILETTI MOIRÓN

- 2020 Unidad Científica de Excelencia en Ejercicio y Salud (UCEES): Ejercicio físico para la prevención y el tratamiento de enfermedades crónicas no transmisibles y la mejora de la salud de poblaciones especiales, Plan Propio de Investigación 2016, Acciones de Excelencia: Unidades Científicas de Excelencia, 01/01/2017-31/12/2020

Investigador/a VIRGINIA A APARICIO GARCÍA-MOLINA

- 2020 Optimización de piensos en acuicultura mediante la valorización de la harina de insecto como materia prima alternativa a la harina de pescado, PROGRAMA ESTATAL DE I+D+i ORIENTADA A LOS RETOS DE LA SOCIEDAD, 01/09/2017-01/09/2020

Investigador/a HÉCTOR J. PULA MORENO

- 2020 PROYECTO PACO: ANALISIS RETROSPECTIVO DE LA MOVILIDAD AL CENTRO EDUCATIVO EN ESPAÑA E IMPLEMENTACION DE INTERVENCIONES QUE FOMENTEN LA MOVILIDAD ACTIVA EN JOVENES, Competitivo PROYECTOS DE INVESTIGACIÓN DEL PLAN NACIONAL, CONVOCATORIA 2016, 30/12/2016-29/12/2020

Participante YAIRA BARRANCO RUIZ

- 2020 UNETE: UNIDAD DE EXCELENCIA PARA EL ESTUDIO DE LOS TRASTORNOS DEL ENVEJECIMIENTO, Competitivo PROYECTOS PLAN PROPIO UGR 2017, 01/09/2017-31/08/2020

Responsable LUIS CARLOS LÓPEZ GARCÍA

- 2020 Conexión entre desincronización de los genes reloj y disfunción mitocondrial en la resistencia a la quimioterapia: evaluación de los efectos de la melatonina., Ministerio de Economía y Competitividad, . Ministerio de Economía y Competitividad. Secretaria de Estado de Investigación, Desarrollo e Innovación, Plan Nacional de I+D, 01/01/2018-31/12/2020

Responsable GERMAINE ESCAMES ROSA

Investigador/a JOSE MANUEL RODRIGUEZ FERRER

- 2020 EFSA Obemirisk - Knowledge Platform for Assessing the Risk of Bisphenols on Gut Microbiota and Its Role in Obesogenic Phenotype: Looking for Biomarkers, Agencia Europea de Seguridad Alimentaria (EFSA). Patnering Grants, 29/03/2019-28/03/2021

Investigador/a MARÍA ALBA MARTÍNEZ BURGOS

- 2020 New therapeutic molecules for the treatment of mitochondrial diseases, Muscular Distrophy Association - USA, 01/02/2019-31/01/2022

Responsable LUIS CARLOS LÓPEZ GARCÍA

- 2020 Estudio Preclínico de Diferentes Formulaciones de Melatonina Dirigidas a Reducir la Resistencia a la

- Quimioterapia Asociada a la Función Mitocondrial, UGR-FEDER, 01/10/2018-30/09/2022  
Investigador GERMAINE ESCAMES ROSA
- 2020 COST Action: Mitochondrial mapping: Evolution - Age - Gender - Lifestyle - Environment (MITOEAGLE), EU, Tipo de entidad: Centro de I+D, 01/03/2017-31/12/2020  
Investigador GERMAINE ESCAMES ROSA
  - 2020 MitoKIN -Systematic barcoding of kinase-controlled mitochondrial function, FFG BRIDGE, 03/02/2020-03/02/2023  
Investigador/a CAROLINA ANNELIESE DOERRIER VELASCO
  - 2020 FAT4BRAIN -Networking for excellence in functional pharmacology to study the role of fatty acid metabolism in neurological disorders, H2020-EU.4.b. -Twinning of research institutions, 01/11/2019-01/11/2022  
Participante CAROLINA ANNELIESE DOERRIER VELASCO
  - 2020 Horizon- 2020 Framework Programme Proposal: 859770 NextGen-O2k, COST. EU FRAMEWORK PROGRAMME HORIZON 2020, 01/05/2019-01/05/2021  
Coordinador CAROLINA ANNELIESE DOERRIER VELASCO
  - 2020 MitoEAGLE COST Action CA15203, EU Framework Programme Horizon- 2020 COST Action, 01/09/2016-28/02/2021  
Coordinador CAROLINA ANNELIESE DOERRIER VELASCO
  - 2020 Let's move Europa: School-based promotion of healthy lifestyles to prevent obesity, European Comission. Erasmus+ Programme., 15/01/2021-14/01/2024  
Investigador/a DANIEL CAMILETTI MOIRÓN
  - 2020 ESTUDIO PRECLINICO DE DIFERENTES FORMULACIONES DE MELATONINA PARA REVERTIR LA RESISTENCIA A FARMACOS ASOCIADA A LA SOBREENPRESION DE LAS BOMBAS DE EFLUJO ATP-DEPENDIENTES, Ministerio de Economía y Competitividad, 01/09/2021-31/08/2024  
Responsable GERMAINE ESCAMES ROSA

#### Contratos de investigación

- 2020 Contrato de Formación de Profesorado Universitario (FPU). Ministerio de Educación, Cultura y Deporte. Cod: FPU15/03960, , 15/09/2016-14/09/2020  
Investigador/a ALEJANDRO DE LA O PUERTA

#### Publicaciones en revistas

- 2021 Artículo: Maximal Fat Oxidation Capacity Is Associated With Cardiometabolic Risk Factors in Healthy Young Adults, European Journal of Sport Science, 21, 6, 907-917  
FRANCISCO JOSÉ AMARO GAHETE
- 2021 Artículo: Association between dietary factors and brown adipose tissue volume/18F-FDG uptake in young adults, Clinical Nutrition, 40, 4, 1997-2008  
LUCAS JURADO FASOLI
- 2021 Artículo: The spread of SARS-CoV-2 in Spain: hygiene habits, sociodemographic profile, mobility patterns and comorbidities, Environmental Research, 192, , 110223-  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ  
PILAR ARANDA RAMÍREZ
- 2021 Artículo: Pre-storage nitric oxide treatment enhances chilling tolerance of zucchini fruit (Cucurbita pepo L.) by S-nitrosylation of proteins and modulation of the antioxidant response, Postharvest Biology and Technology, 171, 111345, -  
RAQUEL JIMÉNEZ MUÑOZ
- 2021 Artículo: Effects of a 10-week active recess program in school setting on school aptitudes, creativity and cognitive flexibility in elementary schoolchildren, Journal of Sports Sciences, , , -  
JERÓNIMO ARAGÓN VELA
- 2021 Artículo: Edible flowers as a health promoter: An evidence-based review, Trends in Food Science & Technology, , , -  
ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ
- 2021 Artículo: Ultra-Small Iron Nanoparticles Target Mitochondria Inducing Autophagy, Acting on Mitochondrial DNA and Reducing Respiration, Pharmaceutics, 13, 1, 90-  
ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ

- 2021 Artículo: Choreographic group-based fitness classes improve cardiometabolic health-related anthropometric indices and blood lipids profile in overweight sedentary women, Sustainability, , , - YAIRA BARRANCO RUIZ
- 2021 Artículo: Active commuting to school among 36,781 Spanish children and adolescents: A temporal trend study, Scandinavian Journal of Medicine & Science in Sports, , , 1-11 YAIRA BARRANCO RUIZ
- 2021 Artículo: Growth Patterns and Breast Milk/Infant Formula Energetic Efficiency in Healthy Infants up to 18 Months of Life: The COGNIS Study., The British Journal of Nutrition, , , 1-28 JOSÉ ANTONIO GARCÍA SANTOS
- 2021 Artículo: Rosa x hybrida extracts with dual actions: antiproliferative effects against tumor cells and inhibitor of Alzheimer disease., Food and Chemical Toxicology, 149, , 112018- ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ
- 2021 Artículo: Insights into the Impact of Microbiota in the Treatment of NAFLD/NASH and Its Potential as a Biomarker for Prognosis and Diagnosis, Biomedicine, 9, 2, -145 JERÓNIMO ARAGÓN VELA
- 2021 Artículo: Effectiveness of eight-week zinc supplementation on vitamin D3 status and leptin levels in a population of postmenopausal women: A double-blind randomized trial, Journal of Trace Elements in Medicine and Biology, , , - ELENA MARÍA PLANELLS DEL POZO
- 2021 Artículo: Anemonia sulcata and Its Symbiont Symbiodinium as a Source of Anti-Tumor and Anti-Oxidant Compounds for Colon Cancer Therapy: A Preliminary in Vitro Study, Biology, 10, 134, 1-19 JESUS MARIA PORRES FOULQUIE  
ROSARIO MARTÍNEZ MARTÍNEZ
- 2021 Artículo: Antitumor Effect of the Ethanolic Extract from Seeds of Euphorbia lathyris in Colorectal Cancer, Nutrients, 13, 2, - JESUS MARIA PORRES FOULQUIE  
MARIA LÓPEZ-JURADO ROMERO  
ROSARIO MARTÍNEZ MARTÍNEZ
- 2021 Artículo: In vitro evidence of the antitumor capacity of Solanaceae and Cucurbitaceae in colon cancer: A systematic review, Critical Reviews in Food Science and Nutrition, , , - JESUS MARIA PORRES FOULQUIE  
ROSARIO MARTÍNEZ MARTÍNEZ
- 2021 Review: Metabolic Targets of Coenzyme Q10 in Mitochondria, Antioxidants, 10, 4, 520- LUIS CARLOS LÓPEZ GARCÍA
- 2021 Artículo: The Impact of Melatonin and NLRP3 Inflammasome on the Expression of microRNAs in Aged Muscle., Antioxidants, 10, 4, - GERMAINE ESCAMES ROSA  
IRYNA RUSANOVA RUSANOVA
- 2021 Artículo: Vanadium Decreases Hcpicidin mRNA Gene Expression in STZ-Induced Diabetic Rats, Improving the Anemic State, Nutrients, 13, 4, 1256- CRISTINA SÁNCHEZ GONZÁLEZ  
JUAN LLOPIS GONZÁLEZ  
PILAR ARANDA RAMÍREZ
- 2021 Artículo: Randomized placebo-controlled phase II trial of high-dose melatonin mucoadhesive oral gel for the prevention and treatment of oral mucositis in patients with head and neck cancer undergoing radiation therapy concurrent with systemic treatment, Clinical & Translational Oncology, , , - GERMAINE ESCAMES ROSA
- 2021 Artículo: Melatonin-doped polymeric nanoparticles reinforce and remineralize radicular dentin: Morpho-histological, chemical and biomechanical studies., Dental Materials, , , - GERMAINE ESCAMES ROSA
- 2021 Artículo: Melatonin Targets Metabolism in Head and Neck Cancer Cells by Regulating Mitochondrial Structure and Function, Antioxidants, 10, 4, 603- GERMAINE ESCAMES ROSA  
IRYNA RUSANOVA RUSANOVA
- 2021 Artículo: Changes in the content of metals of strawberry after preparation of phenolic-rich and anthocyanin-rich extracts for use in biomedicine and nutrition, Acta Horticulturae, , 1309, 1303-1308 ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ

- 2021 Artículo: Strawberry phenolic extract increases lifespan in *C. elegans*, *Acta Horticulturae*, , 1309, 995-1002  
ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ
- 2021 Artículo: Dietary Intake, Nutritional Adequacy and Food Sources of Protein and Relationships with Personal and Family Factors in Spanish Children Aged One to < 10 years: results of the EsNuPI Study, *Nutrients*, 13, 8, 1062-  
EMILIO MARTÍNEZ DE VICTORIA MUÑOZ
- 2021 Artículo: Influence of the degree of adherence to the Mediterranean Diet and its components on cardiometabolic risk during pregnancy. The GESTAFIT project, *Nutrition, Metabolism & Cardiovascular Diseases*, , , -  
PILAR ARANDA RAMÍREZ  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: Association of objectively measured physical fitness with health-related quality of life of mid-life women: the FLAMENCO project, *Climacteric*, , , -  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: A 16-week concurrent exercise program improves emotional well-being and emotional distress in middle-aged women: the FLAMENCO project randomized controlled trial, *Menopause*, , , -  
IRENE COLL RISCO  
PILAR ARANDA RAMÍREZ  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: Objectively measured sedentary time and physical activity levels in Spanish pregnant women. Factors affecting the compliance with physical activity guidelines, *Women and Health*, , , -  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: Association of Self-Reported Physical Fitness with Pregnancy Related Symptoms the GESTAFIT Project, *International Journal of Environmental Research and Public Health*, , , -  
IRENE COLL RISCO  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: Influence of dietary habits and Mediterranean diet adherence on menopausal symptoms. The FLAMENCO project, *Menopause*, , , -  
IRENE COLL RISCO  
PILAR ARANDA RAMÍREZ  
VIRGINIA A APARICIO GARCÍA-MOLINA
- 2021 Artículo: Infant Formula Enriched with Milk Fat Globule Membrane, Long-Chain Polyunsaturated Fatty Acids, Synbiotics, Gangliosides, Nucleotides and Sialic Acid reduces infections during the first 18 months of life: The COGNIS study, *Journal of Functional Foods*, 83, , 104529-  
JOSÉ ANTONIO GARCÍA SANTOS
- 2020 Artículo: Longevity and cause of death in male Wistar rats fed lifelong diets based on virgin olive oil, sunflower oil or fish oil, *The Journals of Gerontology. Series A: Biological Sciences & Medical Sciences*, 75, 3, 442-451  
ALFONSO VARELA LÓPEZ  
JOSE LUIS QUILES MORALES  
JULIO JOSE OCHOA HERRERA
- 2020 Artículo: NLRP3 inflammasome suppression improves longevity and prevents cardiac aging in male mice, *Aging Cell*, 19, , -  
ALFONSO VARELA LÓPEZ  
JOSE LUIS QUILES MORALES
- 2020 Artículo: Molecular inflammation and oxidative stress are shared mechanisms involved in both myocardial infarction and periodontitis, *Journal of Periodontal Research*, 55, 4, 519-528  
ALFONSO VARELA LÓPEZ  
JOSE LUIS QUILES MORALES
- 2020 Artículo: Influence of a functional nutrients-enriched infant formula on language development in healthy children at 4 years old., *Nutrients*, 12, 2, 535-  
JOSÉ ANTONIO GARCÍA SANTOS
- 2020 Artículo: Beneficial Effect of Ubiquinol on Hematological and Inflammatory Signaling during Exercise, *Nutrients*, 12, 420, 2-15  
JAVIER DIAZ CASTRO  
JORGE MORENO FERNÁNDEZ  
JULIO JOSE OCHOA HERRERA
- 2020 Artículo: In vitro study of the protective effect of manganese against vanadium-mediated nuclear and mitochondrial DNA damage, *Food and Chemical Toxicology*, 135, , 110900-

- ALFONSO VARELA LÓPEZ  
CRISTINA SÁNCHEZ GONZÁLEZ  
JOSE LUIS QUILES MORALES  
JUAN LLOPIS GONZÁLEZ  
PILAR ARANDA RAMÍREZ  
- 2020 Artículo: Association of objectively measured sedentary behavior and physical activity levels with health-related quality of life in middle-aged women: The FLAMENCO project, *Menopause*, 27, 4, 437-443  
PILAR ARANDA RAMÍREZ  
VIRGINIA A APARICIO GARCÍA-MOLINA  
- 2020 Artículo: Changes in and the mediating role of physical activity in relation to active school transport, fitness and adiposity among Spanish youth: The UP&DOWN longitudinal study, *The International Journal of Behavioral Nutrition and Physical Activity*, 17, 1, 1-11  
DANIEL CAMILETTI MOIRÓN  
- 2020 Artículo: Differential IL 10 serum production between an arm-based and a leg-based maximal resistance test, *Cytokine*, 126, , 154915-  
JERÓNIMO ARAGÓN VELA  
JESUS FRANCISCO RODRIGUEZ HUERTAS  
- 2020 Artículo: In vitro and in situ experiments to evaluate the biodistribution and cellular toxicity of ultrasmall iron oxide nanoparticles potentially used as oral iron supplements, *Nanotoxicology*, 14, 3, 388-403  
CRISTINA SÁNCHEZ GONZÁLEZ  
JUAN LLOPIS GONZÁLEZ  
- 2020 Artículo: Influence of Demographic and Lifestyle Variables on Plasma Magnesium Concentrations and Their Associations with Cardiovascular Risk Factors in a Mediterranean Population, *Nutrients*, 12, 4, 1018-  
CRISTINA SÁNCHEZ GONZÁLEZ  
JUAN LLOPIS GONZÁLEZ  
- 2020 Artículo: Impact of Using Different Levels of Threshold-Based Artefact Correction on the Quantification of Heart Rate Variability in Three Independent Human Cohorts, *Journal of Clinical Medicine*, 9(2), 325, 1-11  
FRANCISCO JOSÉ AMARO GAHETE  
- 2020 Artículo: Impact of the Method Used to Select Gas Exchange Data for Estimating the Resting Metabolic Rate, as Supplied by Breath-by-Breath Metabolic Carts, *Nutrients*, 12, 487, 1-14  
FRANCISCO JOSÉ AMARO GAHETE  
- 2020 Artículo: Predictors of Sexual Desire and Sexual Function in Sedentary Middle-Aged Adults: The Role of Lean Mass Index and S-Klotho Plasma Levels. The FIT-AGEING Study, *Journal of Sexual Medicine: basic research and clinical studies in male and female sexual function and dysfunction*, 17, 4, 665-677  
ALEJANDRO DE LA O PUERTA  
FRANCISCO JOSÉ AMARO GAHETE  
MANUEL JOAQUIN CASTILLO GARZON  
- 2020 Artículo: Influence of daily beer or ethanol consumption on physical fitness in response to a high-intensity interval training program. The BEER-HIIT study, *Journal of the International Society of Sports Nutrition*, 17, 1, 1-13  
ALEJANDRO DE LA O PUERTA  
FRANCISCO JOSÉ AMARO GAHETE  
MANUEL JOAQUIN CASTILLO GARZON  
- 2020 Artículo: Metabolic Syndrome and its Associated Factors in Older Adults: A Secondary Analysis of SABC Colombia in 2015, *Metabolic Syndrome and Related Disorders*, , In press, -  
YAIRA BARRANCO RUIZ  
- 2020 Artículo: Prevalence of injuries in exercise programs based on CrossFit®, Cross Training and High-Intensity Functional Training methodologies: a systematic review, *Journal of Human Kinetics*, , In press, -  
YAIRA BARRANCO RUIZ  
- 2020 Artículo: Dance Fitness Classes Improve the Health-Related Quality of Life in Sedentary Women, *International Journal of Environmental Research and Public Health*, 17, 3771, 2-14  
YAIRA BARRANCO RUIZ  
- 2020 Artículo: Health-Related Physical Fitness Benefits in Sedentary Women Employees after an Exercise Intervention with Zumba Fitness, *International Journal of Environmental Research and Public Health*, 17, 2632, 2-17  
YAIRA BARRANCO RUIZ  
- 2020 Artículo: Dietary Inflammatory Index and S-Klotho Plasma Levels in Middle-Aged Adults, *Nutrients*, 12, 2, 281-  
FRANCISCO JOSÉ AMARO GAHETE



LUCAS JURADO FASOLI

MANUEL JOAQUIN CASTILLO GARZON

- 2020 Artículo: Physical Exercise following bariatric surgery in women with Morbid obesity Study protocol clinical trial (SPIRIT compliant), *Medicine (Baltimore)*, 99, 12, 1-12

YAIRA BARRANCO RUIZ

- 2020 Artículo: Exercise training improves sleep quality: A randomized controlled trial, *European Journal of Clinical Investigation*, 50, 3, e13202-

ALEJANDRO DE LA O PUERTA

FRANCISCO JOSÉ AMARO GAHETE

LUCAS JURADO FASOLI

MANUEL JOAQUIN CASTILLO GARZON

- 2020 Artículo: Association between sleep quality and time with energy metabolism in sedentary adults, *Scientific Reports*, 10, 1, 1-10

FRANCISCO JOSÉ AMARO GAHETE

LUCAS JURADO FASOLI

MANUEL JOAQUIN CASTILLO GARZON

- 2020 Letters: Honey intake for preventing cancer: Angel or demon: Comment on: Honey and cancer: A mechanistic review, *Clinical Nutrition*, 39, 5, 1623-

FRANCISCO JOSÉ AMARO GAHETE

LUCAS JURADO FASOLI

- 2020 Artículo: Association of Sedentary and Physical Activity Time With Maximal Fat Oxidation During Exercise in Sedentary Adults, *Scandinavian Journal of Medicine & Science in Sports*, , , -

FRANCISCO JOSÉ AMARO GAHETE

- 2020 Artículo: A diet rich in saturated fat and cholesterol aggravates the effect of bacterial lipopolysaccharide on alveolar bone loss in a rabbit model of periodontal disease, *Nutrients*, 12, 5, 1405-

ALFONSO VARELA LÓPEZ

JOSE LUIS QUILES MORALES

- 2020 Artículo: Usefulness of beeswax recycling by-products in the treatment of  $\beta$ -amyloid toxicity in a C. elegans model of Alzheimer, *Mediterranean Journal of Nutrition and Metabolism*, , , 1-11

ALFONSO VARELA LÓPEZ

JOSE LUIS QUILES MORALES

- 2020 Review: Reductive stress, bioactive compounds, redox-active metals, and dormant tumor cell biology to develop redox-based tools for the treatment of cancer, *Antioxidants & Redox Signaling*, , , -

ALFONSO VARELA LÓPEZ

CRISTINA SÁNCHEZ GONZÁLEZ

JOSE LUIS QUILES MORALES

- 2020 Review: An update on the mechanisms related to cell death and toxicity of doxorubicin and the protective role of nutrients, *Food and Chemical Toxicology*, 139, , 110834-

ALFONSO VARELA LÓPEZ

JOSE LUIS QUILES MORALES

- 2020 Artículo: Association between Body Fatness and Vitamin D3 Status in a Postmenopausal Population, *Nutrients*, 12, 3, 667-

ELENA MARÍA PLANELLS DEL POZO

- 2020 Artículo: Mediterranean Diet, Tobacco Consumption and Body Composition During Perimenopause. The FLAMENCO Project, *Maturitas*, , 137, 30-36

PILAR ARANDA RAMÍREZ

TERESA NESTARES PLEGUEZUELO

VIRGINIA A APARICIO GARCÍA-MOLINA

- 2020 Artículo: The gut microbiota and its implication in the development of atherosclerosis and related cardiovascular diseases, *Nutrients*, 12, , 605-

JERÓNIMO ARAGÓN VELA

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